Coaching helps you to act effectively with heart and mind in times of change



Passive attitude

"I am told to do it"



Defensive and disapproving

"I do it the way I used to do it" Fear & separation

Self-protection & isolation

Unsatisfied needs

Supporting the change in attitude by means of facilitating the process of awareness raising in the project

Personal responsibility

"I play an active role"



Appreciative and proactive

"I want to make a contribution" **Pride & flow**

Creative power & team play

Satisfied needs recognition & loyalty

